

NHLI **BEST** Self Direction Progressions

6-8

SELF-ASSESSMENT Self-Awareness

Reflecting on past experiences to evaluate one's own strengths, limitations, motivation, interests, and aspirations within different learning contexts.

Initiative & Ownership

Taking responsibility for learning, finding purposeful driving questions, shaping opportunities to fit personal interests and learning style, and seeking input from others.

Goal Setting & Planning

Developing long-term goals, establishing meaningful learning targets, identifying effective strategies, and planning out steps.

Engaging & Managing

Seeking out relevant resources and information to support learning goals and refining strategies. Maintaining effective pace, reaching short-term benchmarks and long-term goals.

SELF-ASSESSMENT Monitoring & Adapting

Evaluating progress, adapting strategies, seizing failure in order to grow from mistakes, and attributing success to effort and motivation.

Extending

I can also...



Self-Directed /
Leads Others

cite examples from my work to evaluate my progress in overcoming barriers and expanding my strengths.

I can also...

propel my own learning in more meaningful directions by redefining a task challenge.

I can also...

diagnose project-specific expectations, set personally meaningful learning goals that may exceed requirements, and create a plan to complete them.

I can also...

analyze how or why I adapted strategies or refined my pace or approach based on feedback or when I faced roadblocks.

I can also...

analyze my learning in terms of meeting project goals, transforming mistakes into new learning, and enhancing work quality and personal growth.

Applying

I can also...



Independent &
Consistent

use relevant prior work or experiences to locate and explain examples of when I successfully used new learning strategies.

I can also...

shape new learning opportunities by engaging with others to generate learning goals that match personal interests or strengths.

I can also...

analyze project-specific expectations and resources needed to formulate a plan with key steps and strategies to complete the project

I can also...

maintain appropriate focus and pace using agreed-upon benchmarks for completing a multistep task or project.

I can also...

evaluate my progress, citing examples of successful strategies used and analyzing the effectiveness of changes made to complete a high-quality multistep task or project.

Developing

I can also...



With Structured
Guidance

analyze how familiar strategies have been used or expanded upon in a new project.

I can also...

recognize my own role in learning by proactively asking relevant questions and seeking specific support when needed to complete a task.

I can also...

use familiar learning strategies and processes to set a learning goal, develop a plan to meet the goal, and seek feedback from others to refine the plan.

I can also...

seek help or try models of others when using new resources or strategies to accomplish a multistep task or project.

I can also...

use established criteria or benchmarks to evaluate whether I should adapt a strategy, refine my methods, or consider a different approach to improve quality.

Emerging

I can...



Requires Direct
Prompting

identify my strengths and areas needed for growth, using feedback from others.

I can...

choose a learning opportunity from options provided by others.

I can...

use strategies suggested by others to develop steps to accomplish a project when the specific learning goal has been provided.

I can...

follow a process provided to select resources based on task requirements or suggested criteria.

I can...

make changes to improve my plan or the quality of my work when gaps in my understanding or process are identified by others.