

TOOL 1:

Student Assessment of Self-Direction Growth

To use this tool, follow the four steps listed below:

Step 1: Review the Self-Direction Rubric.

Step 2: For each of the five skill areas, reflect on current use of the skill, including strengths and areas for growth.

Step 3: Select the level that best reflects your current ability and explain why you chose this level.

Step 4: Identify one area of strength to build on and one area to improve.

Using the Self-Direction Rubric, complete Table 1 by reflecting on your use of each self-direction skill area (column two), assign a rating to reflect your current level (column three), and provide an explanation for your rating (column four).

Name:

Date:

Grade:

Class:

TABLE 1.0 | **Self-Assessment of Self-Direction Skills**

<p>1. Self Direction</p>	<p>2. I can... What have I accomplished in past work that makes me feel I can be confident in this area? What do I feel I can work on to be more confident in this area?</p>	<p>3. My level is... How much guidance do I need to feel confident in my work?</p>	<p>4. Why that level? Explain why you chose your level using the Self-Direction Rubric as a guide. What evidence from past work can you use to support choosing this level?</p>
<p>Self-Awareness <i>Reflecting on past experiences to think about my:</i></p> <ul style="list-style-type: none"> • Strengths • Challenges • Motivations • Interests 		<p><input type="radio"/> Emerging</p> <p><input type="radio"/> Developing</p> <p><input type="radio"/> Applying</p> <p><input type="radio"/> Extending</p>	
<p>Initiative & Ownership <i>Taking responsibility for my own learning by:</i></p> <ul style="list-style-type: none"> • Asking questions • Selecting learning opportunities that interest and challenge me • Getting input from others 		<p><input type="radio"/> Emerging</p> <p><input type="radio"/> Developing</p> <p><input type="radio"/> Applying</p> <p><input type="radio"/> Extending</p>	
<p>Goal Setting & Planning <i>Creating long-term goals</i></p> <ul style="list-style-type: none"> • Setting “right now” goals • Creating a plan and mapping it with steps 		<p><input type="radio"/> Emerging</p> <p><input type="radio"/> Developing</p> <p><input type="radio"/> Applying</p> <p><input type="radio"/> Extending</p>	

1. Self Direction	2. I can...	3. My level is...	4. Why that level?
<p>Engaging & Managing <i>Using appropriate resources and information</i></p> <ul style="list-style-type: none"> • Staying on track • Using feedback to help move forward 		<input type="radio"/> Emerging <input type="radio"/> Developing <input type="radio"/> Applying <input type="radio"/> Extending	
<p>Monitoring & Adapting <i>Having a growth mindset</i></p> <ul style="list-style-type: none"> • Checking my work • Adapting when things are not working 		<input type="radio"/> Emerging <input type="radio"/> Developing <input type="radio"/> Applying <input type="radio"/> Extending	

Identify one self-direction skill area of strength to build on, and one self-direction skill area to improve.

As a final step, look at your final responses in the table above and respond to the following two questions *with concrete examples from your work* to identify how you can build on a self-direction skill area of strength, and address a self-direction skill area in need of growth.

- **Building on strengths:** How do I plan to exercise or use my strengths, or what do I want to accomplish to make myself feel more confident in what I am good at?

- **Areas to improve:** In which area do I need to increase my confidence?