BEST Self-Direction Rubric





Self-Awareness

Reflecting on past experiences to evaluate one's own strengths, limitations, motivation, interests, and aspirations within different learning contexts.



Initiative & Ownership

Taking responsibility for learning, finding purposeful driving questions, shaping opportunities to fit personal interests and learning style, and seeking input from others.

I can...

Choose a learning

opportunity from options

provided by others.



Goal Setting & Planning

Developing long-term goals, establishing meaningful learning targets, identifying effective strategies, and planning out steps.



Engaging & Managing

Seeking out relevant resources and information to support learning goals and refining strategies. Maintaining effective pace, reaching short-term benchmarks and long-term goals.



Monitoring & Adapting

Evaluating progress, adapting strategies, seizing failure in order to grow from mistakes, and attributing success to effort and motivation.



I can...

Identify my strengths and areas needed for growth, using feedback from others.



I can...

Use strategies suggested by others to develop steps to accomplish a project when the specific learning goal has been provided.



I can...

Follow a process provided to select resources based on task requirements or suggested criteria.



I can...

Make changes to improve my plan or the quality of my work when gaps in my understanding or process are identified by others.



Developing

I can...

Analyze how familiar strategies have been used or expanded upon in a new project.

Recognize my own role in learning by proactively asking relevant questions and seeking specific support when needed to complete a task.



Use familiar learning strategies and processes to set a learning goal, develop a plan to meet the goal, and seek feedback from others to refine the plan.

can...

Seek help or try models of others when using new resources or strategies to accomplish a multistep task or project.



I can...

Use established criteria or benchmarks to evaluate whether I should adapt a strategy, refine my methods, or consider a different approach to improve quality.





I can...

Use relevant prior work or experiences to locate and explain examples of when I successfully used new learning strategies.



Shape new learning opportunities

by engaging with others to

generate learning goals that match

I can...

Analyze project-specific expectations and resources needed to formulate a plan with key steps and strategies to complete the project.



I can...

Maintain appropriate focus and pace using agreed-upon benchmarks for completing a multistep task or project.



I can...

Evaluate my progress, citing examples of successful strategi used and analyzing the effectiven of changes made to complete a high-quality multistep task or project.





I can...

Cite examples from my work to evaluate my progress in overcoming barriers and expanding my strengths.

can...

Propel my own learning in more meaningful directions by redefining a task challenge.

I can...

Diagnose project-specific expectations, set personally meaningful learning goals that may exceed requirements, and create a plan to complete them.

I can...

Analyze how or why I adapted strategies or refined my pace or approach based on feedback or when I faced roadblocks.

I can...

Analyze my learning in terms of meeting project goals, transforming mistakes into new learning, and enhancing work quality and personal growth.